

Restorative Justice Edgemont Elementary School



RJ circle this week!

Teaching elementary students about a growth mindset can help them develop a passion for learning, become more resilient, and improve their academic performance. A growth mindset is when students believe that their brains can grow and improve through effort. Students with a growth mindset are more likely to: Be confident and courageous when faced with new challenge, welcome new experiences, enjoy learning and recognize its value, remain positive in the face of adversity, take risks, learn from their mistakes, view failures as potential chances for instructive feedback, embrace challenges, persist through obstacles, learn from criticism, be inspired by the success of others, focus on the process and progress they make rather than the final product, improve their academic performance and foster a love of learning.

Mindfulness- Daily mindfulness has been offered to testing students, breath in calm color, use anchor words.

Team Building Game: Heads Up, 7 Up

Check in questions of the week: How are you feeling? Show us your mood with your body today.

Activity/Discussion:

<https://www.youtube.com/watch?v=rUJkbWNnNy4>

What do you know about growth mindset?

How can having keep growth mindset support you as you learn and grow?



Restorative Justice (RJ) is an indigenous philosophy that emphasizes building relationships. If there is a need to repair harm caused by conflict and wrongdoing, restorative justice provides an opportunity for everyone impacted by an incident to come together in a safe space to address their feelings and needs, and reach a resolution that heals and restores relationships.